



Need Help Getting Food?



If you need help getting food TODAY, you can go to:

 **ST. PAUL CHILDREN'S FOUNDATION**
food pantry
1358 E. Richards, Tyler, TX 75702
(903) 595-5525
Monday and Wednesday 9 am-12 pm & 2-6 pm
Friday 9 am-12 pm

 **PATH**
food pantry, short- and long-term
prescription assistance
402 W. Front St., Tyler, TX 75702
(903) 597-4044
Monday – Thursday
8 am – 4 pm

 **FIRST BAPTIST CHURCH TYLER
FAMILY ASSISTANCE CENTER**
food and clothing
412 West Ferguson, Tyler, TX 75702
(903) 526-6707 or (903) 526-6757
Thursday 8 – 11 am walk in

● **SAINT VINCENT DE PAUL, TYLER AGENCY**
food
410 South College, Tyler, TX 75702
903-592-0027 or 903-592-1617.
Tuesday- 9:30 pm; Thursday-8 am and 9:30 am.
Takes the first 30 families at morning session
and first 35 families in the afternoon.

 = Healthy Pantry Program

If you are interested in government programs that help people get healthy foods on a regular basis, you may qualify for:

- **WIC (WOMEN, INFANTS, CHILDREN)**
Provides supplemental foods, healthcare referrals, and nutrition education for pregnant, breastfeeding and non-breastfeeding, postpartum women, infants and children up to five-years.
815 N. Broadway Ave., Tyler, TX 75701
(903) 592-7635
225 E. Amherst, Suite 800, Tyler, TX 75701
(903)533-1319
- **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**
Provides food benefits that help buy food from grocery stores and Farmer's Markets.

The following places may be able to assist you in applying for this and other programs like: Medicaid, TANF and Healthy Texas Women:

- **East Texas Food Bank Benefits Assistance**
(903) 597-366
- **St. Paul Children's Foundation**
(903) 531-9455
- **Health & Human Services Benefits Office**
(903) 595-4841 or 211
- **Children's Defense Fund**
(903) 606-0604

Or go online to hhs.texas.gov to find a benefits office near you.

To find help for urgent needs close to your home -

- www.903help.org
- www.easttexasfoodbank.org/programs



Necesita Ayuda para Obtener Comida?



Si necesita ayuda para obtener comida HOY, puede visitar:



ST. PAUL CHILDREN'S FOUNDATION

Dispensa de alimentos
1358 E. Richards
Tyler, TX 75702
(903) 595-2255
Lunes Y Miercoles; 9 am-12 pm & 2-6 pm
Viernes; 9 am-12 pm



PATH

Dispensa de alimentos, asistencia para recetas a corto y largo plazo.
402 W. Front St
Tyler, Tx 75702
(903) 597-4044
Lunes a Jueves; 8 am – 4 pm



FIRST BAPTIST CHURCH TYLER FAMILY ASSISTANCE CENTER

Comida y ropa
412 West Ferguson
Tyler, Tx 75702
(903) 526-6707 o (903) 526-6757
Jueves; 8 am – 11 am entrar

● SAINT VINCENT DE PAUL, AGENCIA DE TYLER

Comida
410 South College Ave
Tyler, Tx 75702
(903) 592-0027 o (903) 592-1617
Martes- 9:30 pm; Jueves-8 am y 9:30 am.
Toman las primeras 30 familias en la sesión de la mañana Y las primeras 35 familias en la sesión de la tarde.



= Dispensa Saludable

Si esta interesado en programas del gobierno que ayudan a obtener comidas saludables usted podría calificar para:

● WIC (MUJERES, INFANTES, Y NIÑOS)

Proveen comidas suplementales, referencias para el cuidado de la salud y educación nutricional para mujeres embarazadas, amamantando y no amamantando, mujeres posparto, infantes, y niños hasta la edad de 5 años.
815 N Broadway Ave., Tyler, Tx 75701
(903) 592-7635
225 E. Amherst, Suite 800, Tyler, TX 75701
(903)533-1319

● ASISTENCIA DE NUTRICION SUPLEMENTAL (SNAP)

Le proporcionan beneficios de comida que le ayudan a comprar comida del supermercado o del Mercado de los agricultores.

Los siguientes lugares pueden asistirle para aplicar para estos y otros programas como: Medicaid, TANF y Healthy Texas Women:

● East Texas Food Bank
Benefits Assistance
(903) 597-3663

● St. Paul Children's
Foundation
(903) 531-9455

● Health & Human
Services Benefits Office
(903) 595-4841 or 211

● Children's Defense Fund
(903) 606-0604

O puede ir en linea a hh.texas.gov para encontrar una oficina cerca de usted.

Para encontrar ayuda para sus necesidades urgente cerca de su casa-

- www.903help.org
- www.easttexasfoodbank.org/programs

